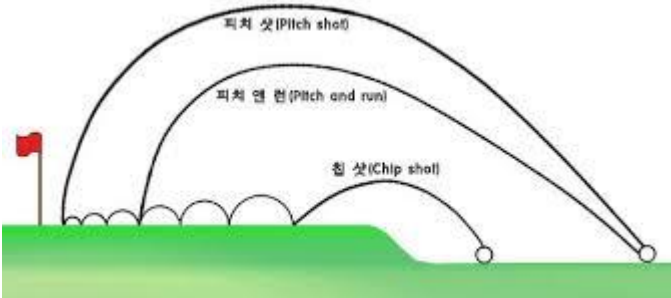


DUTCH HOLLOW CC

LADIES GOLF ACADEMY 2018-NOVICE GROUP

Week 4

Pitching and Chipping



"Thought For The Day"

"Learn to find the golf ball with your hands."

Your hands are holding the club, and you make contact with the ball with the face and head of the golf club. Learn to make the club head find the ball with your hands. Try to get a feel in your hands as to what the club head is doing as you swing it. Establish a connection between your eyes, the golf ball, and the golf club.

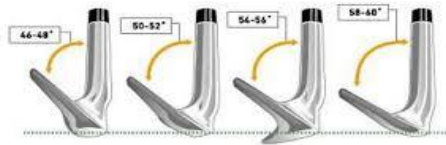
*Pitching=Higher ball trajectory, less roll out.

*Chipping=Lower ball trajectory, more roll out.

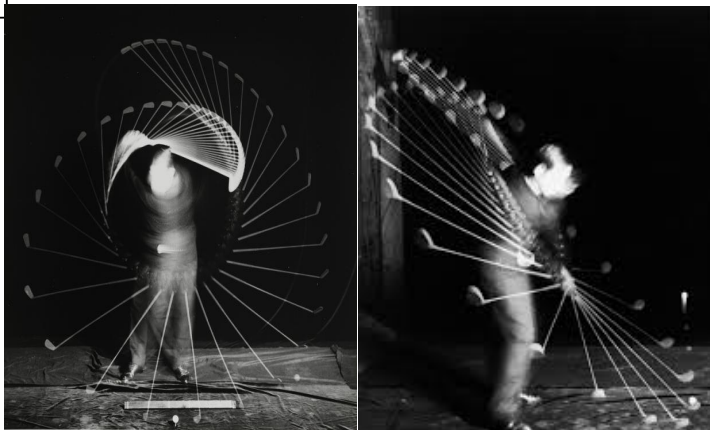
*To hit the ball higher, finish with your hands higher.

*To make the ball go lower, finish with your hands lower.

Different lofts & bounce angles on wedges.



Bobby Jones swing before high tech was high tech



How the forearms rotate through impact toward the follow through.



**Bunker
Sand
Shot**



The object in the greenside bunker is to **“splash”** the sand and the ball out of the sand trap at the same time. The easiest way is to make your club hits the sand about 1 inch behind the ball. You have to apply some force to the shot, and be sure to follow through to a good finish to make sure the ball leaves the sand trap. Throw the ball and sand out at the same time.

