**DUTCH HOLLOW CC**

**LADIES GOLF ACADEMY 2016-NOVICE GROUP**

**Week 1**

**Golf 101**

**1. Golf is and should always be fun. It is a time to relax, be happy, and enjoy friends.**

**2. Golf is the one game you can play for your lifetime. You have made a great investment.**

**3. Companionship, comradery, good conversation, and a good time are prerequisites to a good round of golf.**

**4. Solid fundamentals are the key to solid golf shots.**

**GRIP**

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**Shoulder Turn**

<http://www.pga.com/golf-instruction/instruction-feature/off-tee/more-powerful-swings-women-golfers-video>

**Swing Sequence**

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**-Let the club swing freely through the ball at impact.-**

**14 Clubs**

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**The divot is on the target side of the ball.**

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